

Care that speaks
to **you**

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HOME CARE

Tabulam & Templer Homes for the Aged Inc
31- 41 Elizabeth St. Bayswater 3153
8720 1333 | ttha@ttha.org.au | ttha.org.au



A MESSAGE FROM THE CEO



This new season sees many fun and exciting events, including our AFL grand final celebrations, Father's Day and our Christmas market, to name a few. As another eventful, warm, and exciting season begins, we look forward to celebrating many special events paired with delicious food from our kitchen and some great entertainers. We will also incorporate more outings in the sunshine and fresh air with the warmer spring weather.

Our Christmas market is right around the corner on Sunday, 26th November. We will have many food trucks, fantastic craft stalls and entertainment. We will also have our Christmas raffle with some fabulous prizes on offer. If you have a new product or voucher you would like to donate to our raffle, please contact us. This is our biggest fundraiser for the year and allows us to host beautiful events for our residents, so we look forward to seeing you there.

We recently celebrated Aged Care Employee Day to celebrate all our fantastic staff! TTHA and Accent Home Care staff are critical to

this organisation, and we highly value their dedication and best-in-class care. I want to thank all staff again for caring for our residents, your teamwork, even when times are challenging and bringing a smile and positive attitude to each working day. Pat yourselves on the back, and I encourage you to do this for your colleagues. We hope you enjoyed the day, and once again, a HUGE thank you to you all.



There have recently been some exciting staff changes. I am pleased to report that Magiann Chow has been promoted to Finance Manager, and Shirina Afroza will take over the accountant's role. Congratulations to both; I look forward to working with both Magiann & Sharina to continue to support them in further developing their skills and knowledge to support TTHA/Accent Home Care. Both have demonstrated outstanding work ethic, commitment, and drive to continue progressing in their respective careers and in the true spirit of TTHA. It's important to acknowledge and

grow individuals.

There have been fabulous improvements in the Client Liaison Team. Also, Lisa Karsten, our Client Liaison Officer is now overseeing admissions into aged care, retirement living, and home care, supported by her assistant Av and home care engagement officers Fiona and Beata. As the business grows, there is an opportunity to streamline teams to ensure we continue to provide the best possible service to our clients and residents.

While I love celebrating our staff's achievements with their roles and education, I also love celebrating private milestones. Congratulations to Gus and his wife Karen, who were married in July at the Marriott Nai Yang Beach, Phuket, Thailand. The celebrations looked beautiful!



Tabulam and Templer Homes for the Aged are delighted to announce that they have received funding to participate in the Aged Care Volunteer Visitor Scheme (ACVVS), an expansion of the existing Community Visitor Scheme (CVS).

The ACVVS supports community-based organisations in recruiting and matching volunteers to provide friendship and companionship through visits to socially

isolated recipients of Australian Government-subsidised residential aged care and Home Care Packages. It is acknowledged that social isolation may be more prevalent in older people from particular linguistic, cultural, and complex vulnerability backgrounds. Regular visits from a volunteer can improve the quality of life and help older people feel less isolated. TTHA will match volunteers with our residential care residents and Accent Home Care consumers. We will further collaborate with other care facilities, recruit volunteers for them and, in turn, enrich the lives of our elderly in the broader eastern and southern community.

If you or someone you know is interested in volunteering or would like more information about the program, please reach out to Elise Kruizinga, Recreation and Volunteer Coordinator at TTHA, elise.kruizinga@ttha.org.au or (03) 8720 1333.



Aged Care
Volunteer
Visitors Scheme

Speaking of volunteers, we have recently welcomed six new international volunteers from Germany. These outstanding individuals will live onsite and assist our engagement team in enhancing the well-being of our residents. Please welcome Alisa, Svenja, Deike, Nici, Maxim and Emily on your next visit. As always, our TTHA community will make them feel extremely welcome.

TTHA SPRING NEWSLETTER 2023

We have also welcomed seven international nurses who have recently started at TTHA. This will assist us in filling roster gaps and reduce reliance on agency staff. As the program has succeeded, we are recruiting four additional workers. This will provide consistency in our roster and massively reduce the need for agency staff. When you visit us next, please say hello and make them feel welcome.

As our community is aware, we are developing the site where the Tabulam wing used to reside. There will be new, state-of-the-art independent living units and a new ILU clubhouse for residents to enjoy. We are excited to inform you that this development's plans have been submitted to town planning.

If you or a loved one would like to stay up to date on the build when it is completed or to be put on the waitlist, please call us on 8720 1333 or email us at ttha@ttha.org.au.

Recently we participated in the Carers Expo at The Melbourne Showgrounds. It was a fabulous event meeting potential clients and staff and giving the critical information they needed concerning aged care, home care and respite. The networking was terrific, too, meeting organisations from other industries and discussing different ways to improve what we do.



We will be participating in the German Careers Day Trade Fair on Friday, 27th October 2023, from 9:30 am - 2:00 pm. This unique event at the University of Melbourne Parkville Campus showcases the advantages of learning the German language and the plethora of career opportunities it offers secondary school and university students in Australia. If you or someone you know would be interested, please attend and say hello to us!



Our café, Changing Seasons Café, is always busy and a great place to meet with friends and family. They are currently open from Wednesday to Sunday. However, we are also considering opening on Monday and Tuesday; watch this space!

As we move into a new season, we invite you to call and talk about your aged care needs and how we can assist you. If you want to inquire about our services, please contact us at (03) 8720 1333 or visit our website: www.ttha.org.au or Accent Home Care at (03) 8720 1338 www.accenthomecare.org.au.

Enjoy this beautiful spring!

Eva Simo - CEO



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QUOTE OF THE SEASON



WORK WITH US

Are you seeking a long and rewarding career within a caring organisation? Are you passionate about aged care? TTHA and Accent Home Care seek for enthusiastic Registered Nurses, PCAs and Community Care Support workers. If this sounds like you, please send your resume to careers@ttha.org.au or apply online at www.ttha.org.au/careers.



CHANGING SEASONS CAFE

Changing Seasons Cafe is open from 9 am to 3.30 pm, Wednesday to Friday, Saturday and Sunday from 9 am to 4 pm. We have a new seasonal menu, and we now serve beer and wine; we look forward to serving you! www.ttha.org.au/changing-seasons-cafe/. Or 'like' the Changing Seasons Cafe Facebook page @ChangingSeasonsCafe.



ACCENT HOME CARE



After a cold and wet winter, spring is now amongst us. Days are longer, and people are slowly coming out of winter hibernation. Spring is a great time to bring new vigour in what we do, set new goals and bring about positive change.

Accent Home Care has been focusing on positive changes for spring to enhance our communication with Consumers and their representatives. We are investing in a new telephony system, which will assist us in answering your calls sooner and more effectively. Each Care Advisor will have a unique dedicated phone number for Consumers and their representatives to call. If that Care Advisor is busy with another Consumer, the call will be answered by one of our friendly team members. The new system will be launched by October 2023.

We are also investing in a new computer system, which will assist us with providing you with accurate details when you need it. The new computer system will enable the Accent Home Care team to be more efficient in what we do, bringing better outcomes for the people using the service. Our staff has a lot of new learning, and we appreciate your understanding while we implement and adapt to the new technology. We will be fully operational with the new computer system by the end of spring.

A few months ago, Accent Home Care introduced a new monthly survey, and we have had a fantastic, overwhelming response. We have received positive feedback about our staff, particularly the Direct Care Workers, who drive from one home to the next, providing in-home care. In the first few months, we have had 130 people reply to our three questions, which are:

1. Are you satisfied with the services you receive?
2. Did you receive all expected services last month?
3. Was there a home care employee last month who provided you with exceptional service?

If you are receiving a Home Care Package or are a representative of a Consumer, you will receive an email to participate in the survey. If you don't have an email, that's ok; a team member will contact you so you can complete the survey.

One of the challenges that Home Care Package providers have is finding staff. Accent Home Care has developed strategies to attract the best staff, resulting in a full complement of Care Advisors, Registered Nurses and Service Delivery staff. We are searching for additional Direct Care Workers due to the increased demand for in-home care. If you know anyone interested in working as a Direct Care Worker, have them contact our office, and we can help them start their journey. Supporting older people to maintain their independence is very rewarding and, at times, can be challenging and demanding, especially for those needing intense in-home care. At Accent Home Care, we appreciate the great work of our staff, and this can be seen in the picture below, where we presented staff with a token of our appreciation as part of Aged Care Employee Day.

Accent Home Care has been busy assisting people who need a little assistance at home in

cleaning, personal care and nursing but don't need a Home Care Package. We provide this service as part of the Commonwealth Home Support Programme (CHSP), which many of you may know as services your local Council may have once offered. If you or someone you know needs just a few hours of care and lives in the Southern or Eastern Melbourne area, contact My Aged Care to obtain approval and then call our office and speak with one of our Engagement Officers, who can support you in organising the required care.

If you are part of our Social Support Group, attending community bus outings, receiving entry-level care as part of CHSP or receiving more comprehensive services as part of our HCP service, I would like to thank you on behalf of Accent Home Care for choosing our service. We are here to help, so don't hesitate to ask when you need a helping hand; that is what we are here for.

Nick Grakini
General Manager Community Services



SOCIAL SUPPORT GROUP AND CARER OUTINGS

Our Social Support Group have so much fun together, visiting gardens, galleries and beautiful restaurants. On special request by our social support group, we recently organised an outing to the Lightscape Exhibition at the Botanic Gardens. We started our afternoon heading to the Hofbauhouse in the city for an early dinner and from there to the Botanic Gardens. All Clients were in awe of the beautiful light show, and to finish the day, everyone enjoyed a warm mulled wine before heading home.

When the weather is kind to our social support group we like to be outdoors as much as possible. A recent trip to Torradin included morning tea at the Jetty Café, and then off for a walk along the waterfront, continuing onto the Woodlot Reserve. Our clients loved the beautiful views of the mangroves at the end of the walk. The group had to change to the Amstel Club for lunch, as Wings and Fins were closed. The food at the Amstel Club was delicious, finishing the day with delighted clients.

Our social support group had a beautiful day at Williamstown recently, starting with a walk along the beachfront overlooking a stunningly calm ocean. Then they had a delicious brunch at Fi Fi's on the beach before heading to Scienceworks to watch the 1pm Planetarium show, 'Starlight'. This was a new and wonderful experience for many, and all clients loved the outing.

Recently our social support groups visited the Melbourne Now exhibition at the Ian Potter Gallery. All were very impressed and loved the amazing art on display. For lunch, clients choose to go to the

TTHA SPRING NEWSLETTER 2023

Hofbrauhaus for a yummy lunch with friends.

The beautiful winter sunshine allowed our social support group to get out and about to some stunning locations. Some of our winter outings included the Planetarium, Williamstown, Parliament House, Emerald Lake, Frankston Pier and Sky High.

If you or a loved one would like to join one of our social support groups, please contact a member of our caring staff at 87201338.

We hope you enjoy these photos from our recent outings!

Susi and the Social Support Group Team



TTHA SPRING NEWSLETTER 2023





CLINICAL UPDATE



Greetings from the care team,

Sara Rupenovic commenced maternity leave and gave birth to a healthy baby boy. He has been named

Jovani James Rupenovic. We wish Sara all the best until she returns to us next year.

We have continued our vaccination program within the home, and we currently have over 80 residents who have had their 5th COVID booster. Many residents still need to be due for a booster as the guidelines are six months post the last vaccination or infection. This is a fantastic result as the current information provided to us shows a downturn in Aged Care providing booster vaccinations. We are very fortunate that our doctors are so dedicated and provide vaccinations as soon as possible. As additional residents reach the eligibility time frame, they, too, will be offered the vaccination. We continue to encourage residents, staff and visitors to have vaccinations for both Influenza and COVID.

There have been changes to the Lifestyle Department, which Cerie Saunders now runs. Cerie has been a member of TTHA staff working in a PCA capacity for the past ten years. Cerie is passionate about engagement and recently picked up the Engagement Carer shifts in Otto Loebert Lower. This has been a fabulous addition to the Engagement Department (previously known as the lifestyle department). You will notice many changes to the program's format, and our program will also focus on food and cooking. The Otto Loebert wing is also enjoying

the cooking and exercise activities provided. This aligns with the proposed changes to the Aged Care Standards coming into play in July 2024. These changes to the program will promote resident enablement and engagement.

Elise Kruizinga, formally the Lifestyle Coordinator, has moved into a newly created Recreation & Volunteer Coordinator role. While Elise is responsible for the activities program, she will focus on recruiting volunteers under the Aged Care Volunteer Visitor Scheme.

If anyone would like to volunteer their time in either Home care or Residential Aged Care, please get in touch with Elise for further assistance. We at TTHA greatly appreciate any time provided to our residents from the TTHA greater community.

Residential Services now require a Consumer Advisory Body and a Quality Care Advisor Body. As a result of these changes, TTHA Residential Services has formed a Consumer Advisory Committee with residents who were previously involved in the Food Focus Group. The Consumer Advisory Committee is run and chaired by a resident from within the home, and the Quality Manager provides support whilst creating the agenda. The commitment to food remains a focus of these meetings, and there is a standing item within the agenda to discuss food. In contrast, the Quality Care Advisory Committee is currently being formed, and we would welcome any participants from the greater TTHA community. This Committee will be running before the 1st December 2023 requirement. Both Advisory Bodies will report to the TTHA Board with any opportunity for improvement raised.

Amanda Walker
Acting Director of Care



ENGAGEMENT UPDATE

International Nurses Day

Celebrated on Thursday, 12 May 2023 around the globe, International Nurses Day (IND) is an opportunity to thank nurses, show how nursing can look in the future, and show how the profession will transform the next stage of healthcare. We would like to take this opportunity to thank the wonderful nurses, PCA and carers in our community who do such an amazing job! We celebrate you today and all of the fantastic work you do!



Mothers Day

“May all the love you give to others be returned to you this day.”

We hope all the women in our community, mothers, grandmothers, great-grandmothers, or other maternal figures, we hope enjoyed a wonderful Mother’s Day.

Here at TTHA, we hosted a week-long celebration honouring the women in our lives, during which consumers were treated to a dedicated performance from the Immergrun Choir, participated in a themed celebratory happy hour, hosted a baby shower for our mums-to-be, and received gifts of appreciation to brighten both their day and their space.

We want to thank Bunnings Bayswater, Tilley Soaps Australia, and Pinchapoo for their generous donations, which made spoiling our female residential and independent living consumers all the more possible.



The King's Coronation

On Friday, May 5th, we joined much of the world in preparing for the coronation of King Charles III.

All were invited to board TTHA Airlines for a virtual trip to England. We explored Buckingham Palace and travelled through time, learning about the history of the British royal family and the coronation tradition while indulging in a delicious Devonshire tea.



IDAHOBIT Day

At TTHA, we celebrate diversity and promote inclusivity. On all days, including IDAHOBIT Day, May 17th, TTHA stands against homophobia, biphobia, interphobia, and transphobia.



Australia's Biggest Morning Tea

Sadly, all of us will be impacted by cancer at some point in our lives, and this is exactly what inspires so many supporters of the Cancer Council, including TTHA, to host the Biggest Morning Tea. On Thursday, May 25th, residents and staff alike were encouraged to don blue and yellow before being invited to sit together and share or listen to individual stories about survival, love, and loss. Everyone at the table had something to share as they found comfort in the shared experiences of others, friendship, coffee, and cake.



World Ocean Day

World Ocean Day is an international day that takes place annually on June 8. Here at TTHA, we celebrated our world's shared ocean and personal connections to the sea with a visit to the Sea Life Melbourne Aquarium, where residents enjoyed admiring the ocean's inhabitants and learning about the important ways people can help to protect them.



Memory Support Unit Activities

During April, we introduced a second planned activities program focusing on further supporting and engaging consumers residing in Otto Upper and the Memory Support Unit. This program continued to be successfully delivered during June. Here are some happy snaps for you to enjoy.



Fonzie's Diner

Fonzie's is a 50s-inspired rock and roll diner in Kilsyth. On Wednesday, June 14th, a group of residents boarded the residential bus for a nostalgic lunch with delicious milkshakes, hotdogs, and burgers. A great time was had by all!



Enjoy a beautiful spring, everyone!
Cerrie and the Engagement team



KITCHEN UPDATE



The support for our winter menu has been heartwarming! The warm potato and beetroot salad with baked ham and the

luscious homemade orange cake with custard have delighted your taste buds, bringing joy during winter.

On a personal note, I got married overseas in July. During my absence, Rosan and Sim led the kitchen with dedication, upholding our high standards and providing exceptional dining experiences.

As spring approaches, we're excited to craft our summer menu and value your input. Share your family favourites, requests, and delectable ideas to curate a menu that suits your tastes.

Chef Paul's soups are one of my favourites, especially the soul-nurturing chicken minestrone.

With the vibrant spirit of spring, we'll refresh the café menu with lighter, invigorating meals like the traditional cobb salad, tender poached chicken, crispy bacon, creamy avocado, and a perfectly soft-boiled egg, all crowned with a heavenly creamy dressing. Follow us on social media for updates and exclusive offers.

Thank you for being part of our café family. We can't wait to welcome you back for more delightful experiences!

Gus & the kitchen team



Calamari and Tartare Sauce



Chicken Stir Fry with Noodles



Panna Cotta with Chocolate Sauce



Carrot Cake

EDUCATION & QUALITY UPDATE



Community Nursing

The Aged Care Quality and Safety Commission has advised that management of clinical issues will be a crucial area that home care providers must be able to demonstrate.

As we move towards greater clinical oversight of Home Care consumers, Community Nurses have been engaged in not only visiting consumers to undertake a clinical assessment or deliver clinical care; they are also involved in telephone support for consumers and their families as well as being available to provide clinical advice to the Care Advisory Team. This development is an exciting one that will be beneficial to the health and well-being of our consumers.

Clinical monitoring is an essential aspect of healthcare, particularly for those with chronic conditions or who are taking medication. With access to nursing care, consumers can now receive regular check-ups and health status monitoring. This can help identify potential health issues early on and prevent them from developing into more severe problems.

The nursing team can also educate and support consumers in managing their conditions and medication. This can include advice on lifestyle changes, such as diet and exercise, and information on how to use medical devices and manage side effects.

Access to nursing care will be particularly beneficial for consumers with limited access to healthcare services or who may have difficulty accessing care due to

mobility or transportation issues. By providing clinical monitoring on-site, we can ensure that our consumers receive the care they need in a convenient and accessible manner.

A nursing brochure has been developed to ensure consumers know all the services the Community Nursing Team can provide. This is available to all consumers. Services available include:

- Comprehensive clinical assessment
- Other clinical assessments (including RUDAS, CAPS)
- Clinical Monitoring
- Clinical care (e.g. stoma, nephrostomy, compression etc.)
- Chronic condition management (diabetes/continence etc.)
- Medication Management, BSL, supervises insulin administration
- Wound Management
- Other nursing activities (including education, liaising with other health professionals, communicating with CA, the consumer or family)

AHC Consumer Advisory Group

The Australian government's Aged Care and Other Legislation Amendment (Royal Commission Response) Act 2022 was passed on August 2 2022. This legislation implements several measures to improve accountability and transparency and responds to the recommendations of the Royal Commission into Aged Care Quality and Safety. AHC is committed to effective governance and leadership, which is vital for ensuring the safety and quality of aged care and positive consumer experiences. The Aged Care Act and Aged Care Quality and Safety Commission Act have been amended to strengthen the governance arrangements of approved providers.

This includes the development of a consumer advisory group to provide valuable feedback to the TTHA Board of Directors, which has the ultimate responsibility and influence over the care and service provided to consumers.

The inaugural meeting of the Consumer Advisory Group was in March 2023.

The next meeting is scheduled for 3 pm on Thursday, August 31.

Any recipient of a home care package or their representative can join this group which will meet for four months. Please let your Care Advisor know if you or your representative would be interested in participating. They will be able to provide you with further information.

The Accent Home Care Consumer Advisory Group aims to work in partnership with the Accent Home Care Clinical Governance Committee and TTHA Board of Directors to increase consumer, carer and community participation in Accent Home Care strategy, operations, planning and policy development. The Consumer Advisory Group is intended to be a source of meaningful engagement with consumers where real issues are discussed, consumer voices are heard, and there is genuine engagement with the governing body.

Action items raised by the Consumer Advisory Group will be discussed by the AHC Clinical Governance Committee, which will propose recommendations to address these. These items will then be escalated to the TTHA Board of Directors for approval. Outcomes will then be actioned and reported back to the Consumer Advisory Group.

As a result of discussions at this meeting, several new processes have been implemented. These include:

- The Care Advisor will conduct a monthly

check with every consumer, which will include providing the consumer with an update on any staffing or legislative changes that impact consumers and asking the consumers if they have any concerns they would like to discuss. Where the consumer is unable to read for themselves, the Care Advisor will be able to read the newsletter to the consumer (in their language where possible)

- A monthly survey has been introduced to capture feedback about services and provide an opportunity to give positive feedback about staff or contractors. This survey is sent to all consumers monthly or can be completed by the Care Advisor when they do their monthly check.

- All email signatures have been updated to include links to feedback forms. These initiatives have already resulted in increased feedback which we have been able to use to address issues and concerns raised.

Sue Nurse
Education & Quality Manager



Register to be a volunteer

Volunteering in aged care is a rewarding experience and will enrich your life and the lives of those you visit.

We are committed to ensuring that volunteers across our programs are encouraged, supported, trained and well-informed with regular engagement events. To be part of the program please get in touch with TTHA. (details below)

Email:
ttha@ttha.org.au

Website:
ttha.org.au/volunteers

Phone:
8720 1333

Register to receive a volunteer

Do you receive Government-subsidised aged care services? Consumers, their families or carer can request to participate in the ACVVS.

Call 8720 1333 today and benefit from companionship as an addition to your regular support services.



31 - 41 Elizabeth Street, Bayswater VIC 3153
Visit our website: ttha.org.au
Phone us on: 8720 1333

Volunteer with Us and be part of TTHA

Do you enjoy interacting with older adults, empowering them and having quality conversations? Volunteer with us and provide friendship and companionship visits under the Government funded

Aged Care Visitor Scheme (ACVVS)



Volunteer Visitor Scheme

TTHA supports community-based organisations in the recruitment and matching of volunteers under the ACVVS, aiming to provide companionship through voluntary visits to socially isolated recipients of Government-subsidised residential aged care and Home Care Packages

Help older people in maintaining a social connection and improving their quality of life.

You could:

- Provide companionship over a cuppa
- Teach or learn a new language or skill
- Make music together
- Play card and board games
- Discuss sport, politics or history
- Bring your own ideas - be creative

You can choose to volunteer in residential aged care or visit an older person in their home



Benefits of Volunteering

Volunteering with older people is a rewarding experience. Become a volunteer and open the door to play an active role in improving the quality of life for older individuals who may feel socially isolated or disconnected from the community.

Benefits of volunteering include but are not limited to:

- Building friendships and meaningful connections
- Use your skills in a rewarding way and learn new skills
- Gain industry experience
- Positively improve health and well-being
- Improve someone's quality of life
- Increase your self-confidence and self-esteem
- Benefit from staff discounts
- Enjoy relevant training opportunities
- Benefit from counselling services
- Meet other volunteers and exchange experiences
- Free volunteer events and lunches*
- Reimbursement of travel expenses*

* Conditions Apply



Why is this scheme important?

The ACVVS focuses on the older individuals from linguistic, cultural and complex vulnerability backgrounds, who may be at high risk of social isolation.

There are various reasons for feeling isolated:

- Limited contact with family or friends
- Mobility issues preventing them from leaving home easily or taking part in activities
- Feeling isolated due to cultural and linguistic differences
- Being financially or socially disadvantaged
- Being different in any way



What is involved?

- Make contact with Tabulam and Templer Homes for the Aged (TTHA) on 8720 1333
- Speak with the Recreation and Volunteer Coordinator
- Our team will recruit, train and support you through your journey
- All volunteers will be required to have police check and adhere to our policies and procedures
- Volunteers may be asked to commit to a set number of visits. The Recreation and Volunteer Coordinator will inform you of any requirements or expectations relating to the role on application
- Volunteers will be matched to individuals with similar interests
- Volunteers have the freedom to request where they visit and how they spend their time
- TTHA will support all volunteers to make meaningful relationships in a caring environment

Thank You!





TAX DEDUCTIBLE DONATIONS!

I enclose a cheque for: \$10 \$30 \$50 \$100 Other: \$ _____

I would like to make a cash donation of: \$10 \$30 \$50 \$100 Other: \$ _____

Credit card donations are available at reception; please call 8720 1333 for more information.

TTHA IS A NON-PROFIT ORGANISATION. DONATIONS OF \$2 AND OVER ARE TAX DEDUCTIBLE

Your donations will significantly contribute to TTHA's commitment to improving the lives and well-being of our residents through activities, resources and the ongoing development of our facility and services. Your contribution will make a difference.

Mr./Mrs./Miss/Other _____

Name _____

Address _____

Suburb _____ State _____ Postcode _____

Phone _____ Email _____

Donate directly online - www.ttha.org.au/give-now

Confidentiality and Privacy: TTHA respects your privacy. By providing your email address, you will automatically be added to our Newsletter distribution list. If you prefer not to receive our communications, please unsubscribe. We keep your bank account details confidential. **Address:** 31-41 Elizabeth St, Bayswater, Vic. 3153 | **Telephone:** 03 8720 1333 | **Fax:** 03 9729 9356 | **Email:** ttha@ttha.org.au |

Make a difference – Leave a gift in your will.

A bequest is a gift made as part of your will. It may be money, shares, property or other valuable items. In addition to leaving a gift in your will to family and other loved ones, we invite you to consider a gift to TTHA in your will. With a legacy donation, you will give a helping hand to the residents of TTHA who need it most. Your bequest will make an unforgettable difference to our facility, ensuring you enrich the lives of those living at TTHA. We welcome the opportunity to discuss how your financial support can make a difference to TTHA and how you wish to be remembered.